Tighten Up Your Pants

MUSIC: ‘Tighten Up Your Pants” by Audio Murphy, Featuring Melinda, special “Hillbilly” Rick Dance Mix

CHOREOGRAPHED BY “HILLBILLY” RICK

DESCRIPTION: 32 COUNT 2 WALL CONTRA LINE DANCE (you can do it one wall if you wish)

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FOUR SHUFFLES ALL MOVING FORWARD, R FWD SHUFFLE, THEN DO A LEFT, A RIGHT AND

A LEFT SHUFFLE MOVING FORWARD WITH A 1/2 TURN R ON EACH SHUFFLE (note 1st shuffle fwd, next 3 each makes a 1/2 turn to R) \*End up facing backwards from where you started!

1&2 Right Shuffle Forward RLR

3&4 Left Shuffle Forward LRL While Making a 1/2 Turn to R (CW)

5&6 Right Shuffle backwards RLR While Making a 1/2 Turn to R (CW)

7&8 Left Shuffle Forward LRL While Making a 1/2 Turn to R (CW)

STOMP KICK R & SHUFFLE BACKWARDS, STOMP KICK L & SHUFFLE BACKWARDS

1-4 Stomp R foot beside L - Kick R foot forward - Shuffle Backwards RLR

5-8 Stomp Left foot beside R - Kick L foot forward - Shuffle Backwards LRL

R & L SHUFFLES FWD - MOVING R STEP R, STEP L BEHIND & SHUFFLE RLR

1&2 Right Shuffle Forward RLR

3&4 Left Shuffle Forward LRL

5-6 Step R to R - Step L Behind R

7&8 Shuffle to R - Step R to R, Step L next to R, Step R to R

SHUFFLE BACKWARDS LRL & RLR - MOVING L STEP L, R BEHIND, SHUFFLE LRL

\*\*NOTE OPTIONAL FULL TURN ON STEPS 5-6

1&2 Shuffle Backwards LRL

3&4 Shuffle backwards RLR

5-6 Step L to L - Step R Behind L (Optional full turn here!, if’n ya got the guts!)

7&8 Shuffle to L - Step L to L, Step R next to L, Step L to L

 \*A Special Thanks to the dancers at “Cadillac Ranch” in Cincinnati for letting me confuse them 1st!

Contra Line Dance - Note this dance was designed as a contra line dance using

lines with each line facing opposite directions. During the last 16 steps of

the dance, the dancers should be making a square (dosido) around the dancer

to the right of them who is going the opposite direction. It’s hilarious,

have fun and don’t hurt yourself! Tighten Up Your Pants!” and Dance

“Hillbilly” Rick’s “Do Not Disturb!”

Order From Ebay or contact Hillbilly Rick direct, thanks and yeehaaaa

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