

# SPEEDO

A DANCE DEDICATED TO "SPEEDO" A GREAT FRIEND OF COUNTRY DANCE

CHOREOGRAPHED BY: "HILLBILLY" RICK

MUSIC: SPEEDO BY THE CADILLACS FROM THE 1 950'S, BPM: 125, OR ANY FUN SWING  
SONG 125-140 BPM "BIG OL' TRUCK" BY TOBY KEITH; "I LIKE IT I LOVE IT!" BY TIM MCGRAW;  
"COTTON EYED JOE" BY REDNEX

DESCRIPTION: 48 COUNT, 2 WALL LINE DANCE

QUESTIONS CONTACT:

"HILL BILLY" RICK, 12900 S Weather Rock Dr, HAUBSTADT, IN 47639, 812-867-3401

www.HillbillyRick.com or HillbillyR@aol.com, You tube videos Hillbillyrick1

- 1 - 2 Jump forward on both feet and hold in place for 1 beat
- 3 - 4 Jump backward on both feet and hold in place for 1 beat
- 5 - 6 Walk forward Left, Right
- 7 - 8 Walk forward Left, Kick Right foot ( You can pretend you are drop kicking a football or a can through the uprights!)

- 1 - 2 Step back Right, Step Left beside Right
- 3 - 4 Raise hands up over your head to signal a field goal - I like to push my hands upward & jump up a little twice to take up the Raise hands up over your head to signal a field goal - I like to push my hands upward & jump up a little twice to take up the twobeats!  
If you don't want to do the hands & jumps - just stomp, stomp in place!

Heel Toe Struts Forward while holding right hand down by right pocket and twirling  
Right hand in a clockwise motion as if to twirl a pocket watch chain!

- 1 - 2 Step forward with Right foot and place your heel down first, Slap the ball or toes of your right foot on the floor
- 3 - 4 Step forward with Left foot and place your heel down first, Slap the ball of your left foot on the floor
- 5 - 6 Step forward Right Heel, Toe
- 7 - 8 Step forward Left Heel, Toe

- 1 - 2 Touch Right toe out to Right side, Cross Right foot over or in front of your left and place ball of your foot on the floor
- 3 - 4 Turn 1/2 turn (CCW) to the Left, Clap

Bend over and place both hands on your thighs as if you are getting ready to nun "Speedo" style

- 1 & 2 Rotate your posterior (bottom or rear end in "Hillbilly" Language) in a clockwise motion - or wiggle your bottom
- 3-&4 Repeat 1 - 2

Running man steps - Starting bent over as you shuffle forward gradually stand up by the last shuffle - Move your arms as if you are running while shuffling forward

- 1&2 . Shuffle forward Right, Left, Right
- 3&4 Shuffle forward Left, Right, Left
- 5 & 6 Shuffle forward Right, Left, Right
- 7 & 8 Shuffle forward Left, Right, Left

- 1 - 2 Stomp your Right foot twice
- 3 - 4 Kick your Right foot forward twice

Running Man Step Backwards - Move your arms as if Running while going backwards

- 1 & 2 Shuffle Backwards Right, Left, Right
- 3&4 Shuffle Backwards Left, Right, Left
- 5 & 6 Shuffle Backwards Right, Left, Right
- 7 & 8 Shuffle Backwards Left, Right, Left

Start Over - Pretend your MR OR MS COOL standing on the Street Corner and you are IT!

"Hillbilly" Ricks Dance Calls

JUMP, HOLD - JUMP, HOLD LEFT, RIGHT, LEFT, KICK BACK, BACK, FIELD, GOAL  
RIGHT, STRUT, LEFT, STRUT RIGHT, STRUT, LEFT, STRUT TOUCH, CROSS, TURN, CLAP  
WIGGLE, WIGGLE, WIGGLE, WIGGLE RIGHT SHUFFLE, LEFT SHUFFLE RIGHT SHUFFLE, LEFT SHUFFLE  
STOMP, STOMP, KICK, KICK RIGHT SHUFFLE, LEFT SHUFFLE RIGHT SHUFFLE, LEFT SHUFFLE